## Meridian system for self-analysis

SENSORY ORGANS	inner ear	tongue/taste	nose/olfactory sense	eye	nose/olfactory sense/frontal sinus	nose/olfactory sense/frontal sinus	eye	nose/olfactory sense	tongue/taste	inner ear
JOINTS	shoulder elbow	jaw	shoulder elbow	rear kne		rear knee		shoulder elbow	jaw	shoulder elbow
	hand ulnar foot plantar toes	anterior knee	hand radial foot big toe	foot	sacrum-coccyx	foot	hip	hand radial foot big toe	anterior knee	hand ulnar foot plantar toes
SPINAL CORD SEGMENTS	Th 1 C8 Th 7 Th 6 Th 5 S 3 S 2 S 1	Th 12 Th 11 L 1	C7 C6 C5 Th 4 Th 3 Th 2 L5 L4	Th 8 Th 9 Th 10	L3 L2 S4 S5 Co	L3 L2 S4 S5 Co	Th 8 Th 9 Th 10	C7 C6 C5 Th4 Th3 Th2 L5 L4	Th 12 Th 11 L 1	Th 1 C8 Th 7 Th 6 Th 5 S 3 S 2 S 1
VERTEBRAE	B1 C7 B6 B5 S2 S1	B 12 B 11 L 1	C7 C6 C5 B4 B3 L5 L4	B 9 B 10	L3 L2 Co S5 S 4 S3	L3 L2 Co S5 S 4 S3	B 9 B 10	C7 C6 C5 B4 B3 L5 L4	B 12 B 11 L 1	B1 C7 B6 B5 S2 S1
ORGANS	right heart	pancreas	lung	right liver	right kidney	left kidney	left liver	lung	spleen	left heart
YIN	11-13 h	9-11 h	3-5 h	1-3 h	17-19 h	17-19 h	1-3 h	3-5 h	9-11 h	11-13 h
	duodenum allergies	right stomach	colon	gall- bladder	right bladder urogenital region	left bladder urogenital region	left bile ducts	colon	left stomach	jejunum ileum allergies
YANG	13-15 h	7-9 h	5-7 h	23-1 h	15-17 h	15-17 h	23-1 h	5-7 h	7-9 h	13-15 h
ENDOCRINE GLANDS	anterior pituitary	parathy- roid	thymus posteric pituitary		epiphysis	epiphysis	posterior pituitary	thymus	thyroid parathyroid	posterior pituitary
OTHER	CNS psyche	right mammary gland			back pain headache	back pain headache			left mammary gland	CNS psyche
	48	$\begin{array}{c} & & & & \\ & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ &$	) (45) (44)	43	42 41	31 32	(33)	24 (25 34 (35)	$\begin{pmatrix} 26 \\ 36 \end{pmatrix} \begin{pmatrix} 27 \\ 37 \end{pmatrix}$	38
	W	47 (46) (M)	17	43	42 41	31 32	33	34 35		W
OTHER	energy balance	47 46 W	right mammary gland	43)	42 41	31 32	33			energy balance
OTHER  ENDOCRINE GLANDS VASCULAR SYSTEM	energy	arteries veins	right mammary	V	adrenal gland	31 32 32 adrenal gland	gonads	left mammary		energy
ENDOCRINE GLANDS VASCULAR	energy balance peripheral	arteries veins  3-5 h	right mammary gland lym-phatic gonads	V				left mammary gland  lym-phatic	veins arteries	energy balance peripheral nerves
ENDOCRINE GLANDS VASCULAR SYSTEM	energy balance peripheral nerves	arteries veins  3-5 h  5-7 h	right mammary gland lym- phatic vessels  9-11 h 7-9 h	1-3 h 23-1 h	adrenal gland  17-19 h  15-17 h	adrenal gland  17-19 h  15-17 h	gonads  1-3 h  23-1 h	left mammary gland  lym- phatic vessels  9-11 h  7-9 h	veins arteries  3-5 h  5-7 h	energy balance peripheral nerves
ENDOCRINE GLANDS VASCULAR SYSTEM YANG	energy balance peripheral nerves	arteries veins  3-5 h	right mammary gland lym- phatic vessels  9-11 h	1-3 h	adrenal gland	adrenal gland	gonads  1-3 h	left mammary gland  lym- phatic vessels  9-11 h	veins arteries	energy balance peripheral nerves
ENDOCRINE GLANDS VASCULAR SYSTEM YANG	energy balance peripheral nerves  11-13 h  13-15 h  right heart cardio-vascular	arteries veins  3-5 h  5-7 h	right mammary gland lym- phatic vessels  9-11 h 7-9 h	1-3 h 23-1 h right	adrenal gland  17-19 h  15-17 h	adrenal gland  17-19 h  15-17 h	gonads  1-3 h  23-1 h	left mammary gland  lym- phatic vessels  9-11 h  7-9 h	veins arteries  3-5 h  5-7 h	energy balance peripheral nerves  11-13 h  13-15 h  left heart cardiovascu-
ENDOCRINE GLANDS VASCULAR SYSTEM YANG YIN	energy balance peripheral nerves  11-13 h 13-15 h right heart cardio-vascular system right ileum	arteries veins  3-5 h 5-7 h right lung  right colon	right mammary gland lym- phatic vessels  9-11 h 7-9 h pancreas  right stomach	1-3 h 23-1 h right liver	adrenal gland  17-19 h  15-17 h  right kidney	adrenal gland  17-19 h  15-17 h  left kidney	gonads  1-3 h  23-1 h  left liver	left mammary gland lym- phatic vessels  9-11 h 7-9 h spleen	veins arteries  3-5 h 5-7 h left lung	energy balance peripheral nerves  11-13 h 13-15 h left heart cardiovascular system jejunum ileum allergies C 7 B 1 B 5
ENDOCRINE GLANDS VASCULAR SYSTEM YANG YIN	energy balance peripheral nerves  11-13 h  13-15 h  right heart cardio-vascular system right ileum allergies  C 7 B 1 B 5 B 6 S 1 S 2	arteries veins  3-5 h  5-7 h  right lung  right colon ileosacral area  C7 C6 C5 B4 B3	right mammary gland lym- phatic vessels  9-11 h 7-9 h pancreas  right stomach pylorus  B 12 B 11	1-3 h 23-1 h right liver  gall-blad-der B 9	adrenal gland  17-19 h  15-17 h  right kidney  right bladder urogenital area  L3 L2 Co	adrenal gland  17-19 h  15-17 h  left kidney  left bladder urogenital area  L3 L2 Co	gonads  1-3 h 23-1 h left liver  left bile ducts  B 9	left mammary gland lym-phatic vessels  9-11 h 7-9 h spleen  left stomach  B 12 B 11	veins arteries  3-5 h 5-7 h left lung  left colon  C 7 C 6 C 5 B 4 B 3	energy balance peripheral nerves  11-13 h  13-15 h  left heart cardiovascular system  jejunum ileum allergies  C 7 B 1 B 5 B 6 S 1 S 2
ENDOCRINE GLANDS VASCULAR SYSTEM  YANG  YIN  ORGANS  VERTEBRAE  SPINAL CORD	energy balance peripheral nerves  11-13 h  13-15 h  right heart cardio-vascular system right ileum allergies  C 7 B 1 B 5 B 6 S 1 S 2 hip  Th 1 C8 Th 7 Th 6 Th 5 S 3 S 2	arteries veins  3-5 h  5-7 h  right colon ileosacral area  C7 C6 C5 B4 B3 L5 L4  C7 C6 C5 Th 4 TH 3 Th 2 L5 L4	right mammary gland lym-phatic vessels  9-11 h 7-9 h pancreas  right stomach pylorus  B 12 B 11 L 1  Th 12 Th 11	1-3 h 23-1 h right liver  gall-blad-der B 9 B 10	adrenal gland  17-19 h  15-17 h  right bladder urogenital area  L3 L2 Co S5 S4 S3  L3 L2 Co S5 S4 S3	adrenal gland  17-19 h  15-17 h  left bladder urogenital area  L3 L2 Co S5 S4 S3	gonads  1-3 h 23-1 h left liver  left bile ducts  B 9 B 10	left mammary gland lym-phatic vessels  9-11 h 7-9 h spleen  left stomach  B 12 B 11 L 1  Th 12 Th 11	veins arteries  3-5 h 5-7 h left lung  left colon  C 7 C 6 C 5 B 4 B 3 L 5 L 4  C 7 C 6 C 5 Th 4 TH 3 Th 2	energy balance peripheral nerves  11-13 h  13-15 h  left heart cardiovascular system  jejunum ileum allergies  C 7 B 1 B 5 B 6 S 1 S 2 hip  Th 1 C8 Th 7 Th 6 Th 5
ENDOCRINE GLANDS VASCULAR SYSTEM  YANG  YIN  ORGANS  VERTEBRAE  SPINAL CORD SEGMENTS	energy balance peripheral nerves  11-13 h  13-15 h  right heart cardio-vascular system  right ileum allergies  C 7 B 1 B 5 B 6 S 1 S 2 hip  Th 1 C8 Th 7 Th 6 Th 5 S 3 S 2 S 1	arteries veins  3-5 h  5-7 h  right colon ileosacral area  C7 C6 C5 B4 B3 L5 L4  C7 C6 C5 Th 4 TH 3 Th 2 L5 L4	right mammary gland lym-phatic vessels  9-11 h 7-9 h pancreas  right stomach pylorus  B 12 B 11 L 1  Th 12 Th 11 L 1	1-3 h 23-1 h right liver  gall-blad-der B 9 B 10  TH 8 Th 9 Th 10  posterio	adrenal gland  17-19 h  15-17 h  right bladder urogenital area  L3 L2 Co S5 S4 S3  L3 L2 Co S5 S4 S3	adrenal gland  17-19 h  15-17 h  left kidney  left bladder urogenital area  L3 L2 Co S5 S4 S3  L3 L2 Co S5 S4 S3	gonads  1-3 h 23-1 h left liver  left bile ducts  B 9 B 10	left mammary gland lym-phatic vessels  9-11 h 7-9 h spleen  left stomach  B 12 B 11 L 1  Th 12 Th 11 L 1	veins arteries  3-5 h 5-7 h left lung  left colon  C7 C6 C5 B4 B3 L5 L4  C7 C6 C5 Th 4 TH 3 Th 2 L5 L4	energy balance peripheral nerves  11-13 h  13-15 h  left heart cardiovascular system  jejunum ileum allergies  C 7 B 1 B 8 B 6 S 1 S 8 hip  Th 1 C8 Th 7 Th 6 Th 5
ENDOCRINE GLANDS VASCULAR SYSTEM  YANG  YIN  ORGANS  VERTEBRAE  SPINAL CORD SEGMENTS	energy balance peripheral nerves  11-13 h  13-15 h  right heart cardio-vascular system  right ileum allergies  C 7 B 1 B 5 B 6 S 1 S 2 hip  Th 1 C8 Th 7 Th 6 Th 5 S 3 S 2 S 1  shoulder - elk hand ulnar foot plantar	arteries veins  3-5 h 5-7 h right lung  right colon ileosacral area  C7 C6 C5 B4 B3 L5 L4  C7 C6 C5 Th 4 TH 3 Th 2 L5 L4	right mammary gland lym-phatic vessels  9-11 h 7-9 h pancreas  right stomach pylorus  B 12 B 11 L 1  Th 12 Th 11 L 1  anterior knee	1-3 h 23-1 h right liver  gall-blad-der B 9 B 10  TH 8 Th 9 Th 10	adrenal gland  17-19 h  15-17 h  right bladder urogenital area  L3 L2 Co S5 S4 S3  L3 L2 Co S5 S4 S3	adrenal gland  17-19 h  15-17 h  left kidney  left bladder urogenital area  L3 L2 Co S5 S4 S3  L3 L2 Co S5 S4 S3	gonads  1-3 h 23-1 h left liver  left bile ducts  B 9 B 10  TH 8 Th 9 Th 10	left mammary gland lym-phatic vessels  9-11 h 7-9 h spleen  left stomach  B 12 B 11 L 1  Th 12 Th 11 L 1  anterior knee	veins arteries  3-5 h 5-7 h left lung  left colon  C7 C6 C5 B4 B3 L5 L4  C7 C6 C5 Th 4 TH 3 Th 2 L5 L 4  shoulder - elbow hand radial foot	energy balance peripheral nerves  11-13 h  13-15 h  left heart cardiovascular system  jejunum ileum allergies  C 7 B 1 B 3 B 6 S 1 S 2 hip  Th 1 C8 Th 7 Th 6 Th 5 S 3 S 2 S

Dental correspondences after taking into account the remuneration according to Bahr-Schmid, Voll-Kramer and the findings of TCM.



